

## Trigonometric Substitutions

Expression	Substitution
$a^2 + u^2$	$u = a \tan \theta$
$a^2 - u^2$	$u = a \sin \theta$
$u^2 - a^2$	$u = a \sec \theta$

Directions: Evaluate each integral.

$$1. \int \frac{1}{\sqrt{x^2+16}} dx = \int \frac{1}{\sqrt{16 \tan^2 \theta + 16}} \cdot 4 \sec^2 \theta d\theta = \int \frac{4 \sec^2 \theta}{\sqrt{16(\tan^2 \theta + 1)}} d\theta$$

$$u = x \quad a = 4$$

$$u = a \tan \theta$$

$$* x = 4 \tan \theta$$

$$dx = 4 \sec^2 \theta d\theta$$

$$= \int \frac{4 \sec^2 \theta}{\sqrt{16 \sec^2 \theta}} d\theta = \int \frac{4 \sec^2 \theta}{4 |\sec \theta|} d\theta = \int \sec \theta d\theta$$

$$= \int \sec \theta \cdot \frac{\sec \theta + \tan \theta}{\sec \theta + \tan \theta} d\theta = \int \frac{\sec^2 \theta + \sec \theta \tan \theta}{\sec \theta + \tan \theta} d\theta$$

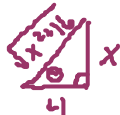
$$u = \sec \theta + \tan \theta$$

$$du = \sec \theta \tan \theta + \sec^2 \theta d\theta$$

$$= \int \frac{1}{u} du = \ln |u| = \ln |\sec \theta + \tan \theta| = \ln \left| \frac{\sqrt{x^2+16}}{4} + \frac{x}{4} \right|$$

$$* x = 4 \tan \theta$$

$$\tan \theta = \frac{x}{4}$$



$$= \ln \left| \frac{\sqrt{x^2+16} + x}{4} \right| + C$$

$$2. \int \frac{x^2}{\sqrt{4-x^2}} dx = \int \frac{(2\sin\theta)^2}{\sqrt{4-4\sin^2\theta}} \cdot 2\cos\theta d\theta = \int \frac{4\sin^2\theta \cdot 2\cos\theta}{\sqrt{4(1-\sin^2\theta)}} d\theta$$

$$u = x \quad a = 2$$

$$u = a\sin\theta$$

$$* x = 2\sin\theta$$

$$dx = 2\cos\theta d\theta$$

$$= \int \frac{8\sin^2\theta \cos\theta}{\sqrt{4\cos^2\theta}} d\theta = \int \frac{8\sin^2\theta \cos\theta}{2|\cos\theta|} d\theta = \int 4\sin^2\theta d\theta$$

$$\sin^2\theta = \frac{1 - \cos 2\theta}{2}$$

$$= \int 4 \left( \frac{1 - \cos 2\theta}{2} \right) d\theta = 2 \int 1 - \cos 2\theta d\theta = 2 \int 1 d\theta - 2 \int \cos 2\theta d\theta$$

$$u = 2\theta$$

$$du = 2d\theta$$

$$\frac{1}{2} du = d\theta$$

$$= 2 \int 1 d\theta - \int \cos u du = 2\theta - \sin u = 2\theta - \sin 2\theta$$

$$* x = 2\sin\theta$$

$$\sin\theta = \frac{x}{2}$$



$$\sin 2\theta = 2\sin\theta \cos\theta$$

$$= 2\theta - 2\sin\theta \cos\theta = 2\arcsin \frac{x}{2} - 2 \cdot \frac{x}{2} \cdot \frac{\sqrt{4-x^2}}{2}$$

$$\boxed{= 2\arcsin \frac{x}{2} - \frac{x\sqrt{4-x^2}}{2} + C}$$

$$3. \int \frac{1}{x\sqrt{4x^2+9}} dx = \int \frac{1}{\frac{3}{2}\tan\theta \sqrt{4\left(\frac{9}{4}\tan^2\theta\right)+9}} \cdot \frac{3}{2} \sec^2\theta d\theta$$

$$u=2x \quad a=3$$

$$u=a+\tan\theta$$

$$* 2x=3\tan\theta$$

$$x=\frac{3}{2}\tan\theta$$

$$dx=\frac{3}{2}\sec^2\theta d\theta$$

$$= \int \frac{\sec^2\theta}{\tan\theta \sqrt{9(\tan^2\theta+1)}} d\theta = \int \frac{\sec^2\theta}{\tan\theta \sqrt{9\sec^2\theta}} d\theta = \int \frac{\sec^2\theta}{\tan\theta \cdot 3\sec\theta} d\theta$$

$$= \frac{1}{3} \int \frac{\sec\theta}{\tan\theta} d\theta = \frac{1}{3} \int \frac{\frac{1}{\cos\theta}}{\frac{\sin\theta}{\cos\theta}} d\theta = \frac{1}{3} \int \frac{1}{\sin\theta} d\theta = \frac{1}{3} \int \csc\theta d\theta$$

$$= \frac{1}{3} \int \csc\theta \cdot \frac{\csc\theta - \cot\theta}{\csc\theta - \cot\theta} d\theta = \frac{1}{3} \int \frac{\csc^2\theta - \csc\theta\cot\theta}{\csc\theta - \cot\theta} d\theta$$

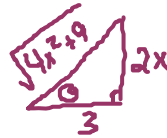
$$u = \csc\theta - \cot\theta$$

$$du = -\csc\theta\cot\theta + \csc^2\theta d\theta$$

$$= \frac{1}{3} \int \frac{1}{u} du = \frac{1}{3} \ln|u| = \frac{1}{3} \ln|\csc\theta - \cot\theta|$$

$$* 2x=3\tan\theta$$

$$\tan\theta = \frac{2x}{3}$$



$$= \frac{1}{3} \ln \left| \frac{\sqrt{4x^2+9}}{2x} - \frac{3}{2x} \right| = \boxed{\ln \left| 3 \frac{\sqrt{4x^2+9}-3}{2x} \right| + C}$$

$$4. \int \frac{1}{(x^2-9)^{3/2}} dx = \int \frac{1}{(9\sec^2\theta-9)^{3/2}} \cdot 3\sec\theta\tan\theta d\theta$$

$$u=x \quad a=3$$

$$u = a\sec\theta$$

$$* x = 3\sec\theta$$

$$dx = 3\sec\theta\tan\theta d\theta$$

$$= \int \frac{3\sec\theta\tan\theta}{[9(\sec^2\theta-1)]^{3/2}} d\theta = \int \frac{3\sec\theta\tan\theta}{(9\tan^2\theta)^{3/2}} d\theta = \int \frac{3\sec\theta\tan\theta}{27\tan^3\theta} d\theta$$

$$= \frac{1}{9} \int \frac{\sec\theta}{\tan^2\theta} d\theta \quad \frac{\sec\theta}{\tan^2\theta} = \frac{\frac{1}{\cos\theta}}{\frac{\sin^2\theta}{\cos^2\theta}} = \frac{1}{\cos\theta} \cdot \frac{\cos^2\theta}{\sin^2\theta} = \frac{\cos\theta}{\sin^2\theta}$$

$$= \frac{1}{9} \int \frac{\cos\theta}{\sin^2\theta} d\theta = \frac{1}{9} \int \frac{1}{u^2} du = \frac{1}{9} \cdot \frac{-1}{u} = \frac{-1}{9\sin\theta}$$

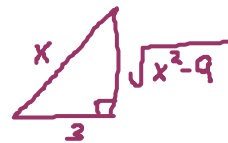
$$u = \sin\theta$$

$$du = \cos\theta d\theta$$

$$* x = 3\sec\theta$$

$$\sec\theta = \frac{x}{3}$$

$$\cos\theta = \frac{3}{x}$$



$$= \frac{-1}{9\left(\frac{\sqrt{x^2-9}}{x}\right)} = \frac{-1}{9\frac{\sqrt{x^2-9}}{x}} = \boxed{\frac{-x}{9\sqrt{x^2-9}} + C}$$